

I'M A NATIVE NEW YORKER

COMMON SNEEZEWEED

(Helenium autumnale)



DESCRIPTION: Perennial, grows to 4 ft. Lance-shaped, dark green leaves along winged stem. Clusters of daisy-like flowers with distinctive bright yellow ray flowers and dome-like, mustard yellow center disks. Blooms from late summer to autumn. Clump-forming.

CULTURE: Easy in average, medium to wet soils in full sun. Prefers rich, moist soils. Intolerant of dry soils. Cutting plants back in early June (at least six weeks before normal flowering) will lead to more flowers.

ECOLOGY: Excellent nectar plant for native bees and butterflies.

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